

QUARTERLY NEWSLETTER

Q1 2023

FROM THE FIRM A Message From L.A. Perkins

Happy Spring -

I hope 2023 is off to a great start for you and that your business is thriving! In the spirit of spring cleaning, now is a good time to review your intellectual property assets and determine whether any action needs to be taken to protect your valuable assets. I am here to help.

I have exciting news to share; I am in the process of writing a book on brand protection and why it matters for business owners and entrepreneurs. It is my wish that all entrepreneurs and business owners are empowered to protect their brands and limit their risk of being blindsided and derailed with legal issues that can cost them their business and all their hard-earned money. That's why I am writing my book. If you have a question or there is something that you believe would be of value to include in the book, I would love to hear from you.

Cheering for your success!





5301 North Federal Highway, Suite 110 Boca Raton, Florida 33487 561-467-4001

L.A. Perkins, Founder/CEO of Perkins Law

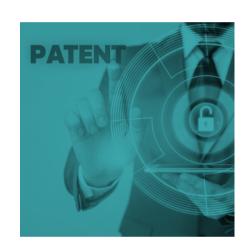


BRAND PROTECTION BLOG

Tesla Faces Several
False Advertising Lawsuits
Read More...

Patent Battle Over COVID-19 Vaccine Continues Into 2023 Read More...





US Navy to Pay Tech Company for Copyright Violations Read More...









AROUND TOWN

SPBCBA DIVERSITY & INCLUSION COMMITTEE'S COCKTAIL & NETWORKING EVENT

L.A. Perkins attended the South Palm Beach County Bar Association's (SPBCBA) Diversity & Inclusion Committee's Cocktail & Networking Event held at Woodfield Country Club on February 2nd. 15th Judicial Circuit Judge Bradley Harper was the evening speaker and the Professional Excellence Honoree. Perkins Law was proud to be a sponsor of the event.



Judge Bradley Harper of the 15th Judicial Circuit and L.A. Perkins



and L.A. Perkins



Sia Baker Barnes Left to right: Laurie Dubow of Signature Paradise Realty International, Judge Ori Silver, and L.A. Perkins

PBCBA BENCH BAR CONFERENCE

L.A. Perkins attended the Palm Beach County Bar Association's Bench Bar Conference on March 10, 2023 at the Palm Beach County Convention Center. There were hundreds of lawyers and numerous judges in attendance. Florida Supreme Court Justice Jorge Labarga's keynote speech was meaningful and inspiring. Perkins Law was proud to sponsor the event.



L.A. Perkins and Gary Lesser, President of The Florida Bar 2022-2023



L.A. Perkins and Justice Jorge Labarga of the Florida Supreme Court

THE FLORIDA LAWYERS NETWORK NETWORKING LUNCH

L.A. Perkins attended the networking lunch with members of the Florida Lawyers Network, Boca Raton Chapter at Seasons 52 on March 27, 2023.



Left to right: James Dodrill, Dori Gerstein, L.A. Perkins, Rebecca Skeba-Mancini, Steven Gutter and Michael Shapiro

SPBCBA PAST PRESIDENT'S EVENT



L.A. Perkins attended the Annual South Palm Beach County Bar Association's Past President's Event on March 9th at Abe & Louie's. There were a number record of president's in attendance. including L.A. Perkins.

Left to right: L.A. Perkins, Wilnar Julmiste SPBCBA Treasurer, Elisa Fitzmartin SPBCBA Director, and Emily Pineless SPBCBA Director

BRAIN BOWL EVENT

On February 8th, L.A. Perkins attended the Annual Brain Bowl at Boca West County Club. The Brain Bowl mission is to raise awareness, promote understanding and support to those living in our community and their loved ones coping with Alzheimer's, Parkinson's, Dementia or a related neurocognitive disorder.



Left to right: Michele Horwitz, Jackie Samelson Qualters, Laurie Dubow, and L.A. Perkins



Lorna Brown-Burton and L.A. Perkins

SPBCBA MARCH MONTHLY MEMBERSHIP LUNCHEON

L.A. Perkins attended the South Palm Beach County Bar Association's March Monthly Membership Luncheon at City Fish Market. Steve Abrams, Former Mayor of Boca Raton, was the guest speaker. During this lunch, Members of the SPBCBA approved their newest Member for the 2023-2024 bar year. Emily Pineless.

Congratulations, Emily!





WELLNESS

PERSONAL TRAINING FROM THE INSIDE OUT: BUILDING MIND-EMOTION-BODY MUSCLES

by Dr. Diane Abdo

Most of us have heard about tried-and-true methods for reducing stress in our lives, such as: Deep Breathing, Meditation and Stress Management Techniques.

These methods help us to focus and think more clearly by oxygenating our cells and brains, which contributes to calmer physical and mental states. Further, time-management, pacing our efforts, exercise, visualization (and other techniques) help us to reduce stress by creating a greater sense of control over our energies and our ways of perceiving, and therefore, experiencing, our circumstances. All of these methods, and others, are important parts of the stress management concept and bring us closer to reducing our physical reactions to stress...

Click here to read more...

To learn more about applying these concepts in your personal and professional life, please contact Dr. Abdo at:

Dr. Diane Abdo

(561) 716-5820 Diane@DrDianeAbdo.com www.DrDianeAbdo.com

Diane Abdo, Psy.D. is a licensed clinical psychologist in private practice in the Boca Raton area since 1985. Dr. Abdo has been committed to serving those in need by facilitating the development of psychological awareness as a foundation for one's journey through life. Her passion is to help you develop a healthy relationship with your life. Toward these goals, Dr. Abdo offers therapy, workshops, and wellness-based programs for individuals and organizations.

MANY THANKS

MANY THANKS TO THE FOLLOWING ATTORNEYS FOR TRUSTING US WITH YOUR REFERRALS!

Mitchell D. Adler, Esq. Mitchell D. Adler, P.A.

Kara A. Brotman, Esq. Susan J. Brotman, PA

Gary S. Lesser, Esq. Lesser, Lesser, Landy & Smith, PLLC

Michael J. Liss, Esq.

Tammy B. Saltzman, Esq. TBS Law, P.A.

John A. Willis, Esq. Willis Law. P.A.

Javier H. Zuniga, Esq. Zuniga Law P.A.

L.A. PERKINS PROUDLY SERVES ON THE MENTAL HEALTH & WELLNESS COMMITTEE OF THE FLORIDA BAR

The Florida Lawyers Helpline is a completely confidential, around-the-clock-support for Florida Bar members and Florida Registered Paralegals.

The free service connects members with professional counselors who can help them overcome life's challenges, balance priorities and better handle both personal and professional pressures. To learn more, please click on the image below.

Florida Lawyers Helpline 833-FL1-WELL (833-351-9355)

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